



GARY H. TABAT, ESQ.

Matrimonial Law Specialist

Gary H. Tabat's remarkable career as one of the leading matrimonial and family law attorneys in the New York Metro area, spans more than four decades. Having successfully handled hundreds of significant, complex equitable distribution cases, he is acutely aware of, and sensitive to, the emotional factors that often impair a party from making decisions that are legally and financially in their best interests, which enables him to referee even the most tumultuous relationships. As a seasoned negotiator, Mr. Tabat is meticulous, organized and laser focused on the delicate issues at hand when it comes to divorce proceedings and will work with the parties in choosing a resolution that is in their best interest.

As an attorney and mediator, he understands the sensitive nature that accompanies matrimonial matters and is committed to getting parties the absolute best result, without disrupting their lives, during what is certain to be a most difficult time. His excellent interpersonal and communication skills as well as his deep experience, provides him with the confidence and sensitivity to settle even the most intricate and challenging cases.

He strongly believes that wherever possible, it is better for parties, with the help of their attorneys, to make their own comprehensive agreement, rather than rely on the dictates of a court. As such, Mr. Tabat supports alternative dispute resolution (ADR) as an ideal forum to efficiently and cost-effectively resolve issues between parties. His philosophy is to provide both sides with the best professional advice and judgment when evaluating their case and handle their emotional concerns with patience and respect while working diligently to find an amicable resolution to their case.

In addition to his role as a matrimonial neutral with NAM, Mr. Tabat was the founding partner of one of the top matrimonial law firms on Long Island. He began his career tackling a variety of cases from criminal to civil matters, under the tutelage of several leading criminal defense attorneys who later became distinguished members of the judiciary. His impressive trial work enabled him to become one of the most successful independent attorneys on Long Island – before the the age of 30.

Mr. Tabat's outstanding track record has earned him the recognition of his peers, having been awarded the highest rating of AV Preeminent from Martindale-Hubbell for his impeccable standards and was recognized, by a vote of his fellow AV rated attorneys, as a Legal Eagle in Long Island Pulse magazine. Mr. Tabat has lectured on family and matrimonial law issues for various continuing legal education programs and served as an adjunct professor at Touro Law School. Additionally, he authored the Lexis Nexis *Answer Guide: New York Matrimonial Actions*, which is used as a resource by attorneys and as a teaching tool by law schools in the New York metropolitan area. He has served in various leadership roles that include being one of the founding members and past president the Suffolk County Matrimonial Bar Association.

Mr. Tabat is available to arbitrate and mediate divorce and family law matters throughout New York State remotely.

AREAS of EXPERIENCE

- Adoption
- Alimony and Spousal Support
- Child Support
- Custody and Visitation
- Dissolution
- Divorce
- Name Change
- Paternity

LECTURES and PUBLICATIONS

- Panel Member, Webinar: *Fast-Tracking Matrimonial and Family Law Disputes Using ADR*, presented to the New York State Academy of Trial Lawyers, 2020
- Author, *Answer Guide – New York Matrimonial Actions*, LexisNexis
- Former Adjunct Professor, Touro Law School

HONORS and AWARDS

- AV Preeminent 5.0 out of 5 Peer Review rated, Martindale-Hubbell
- New York Metro Top Rated Attorney, Super Lawyer
- Ranked Top 10, New York Family Law Attorney, National Academy of Family Law Attorneys
- Ranked Top 10, Long Island Matrimonial and Divorce Lawyer
- Legal Leader, ALM
- Top Legal Eagle, Long Island Pulse Magazine
- Nation's Top 1% Award, National Association of Distinguished Counsel
- Lead Counsel Rated, Thompson Reuters
- Ranked in New York Top 100 Lawyers in Matrimonial and Family Law, The National Advocate
- Top Rate Divorce Attorney – 10.0 “Superb,” Avvo
- 10 Best/Client Satisfaction Award, American Institute of Family Law Attorneys

PROFESSIONAL MEMBERSHIPS and ADMISSIONS

- New York State Bar, 1972

PROFESSIONAL AFFILIATIONS and ASSOCIATIONS

- Board of Directors, Suffolk County Matrimonial Bar Association
 - Past President
- Matrimonial Committee, Suffolk County Bar Association
- Matrimonial and Family Law Committee, Nassau County Bar Association
- American Inns of Court
- Volunteer, Board of Directors of the Victims Information Bureau of Suffolk (VIBS)
- Advisory Board of Friends of Karen
 - Organization providing emotional, financial and advocacy support to families of children suffering from a life-threatening illness

EDUCATION

- Duquesne University, J.D., 1971
- Rutgers University, B.A., 1967